

HomeNorth East IndiaTripuraFor tea lovers, Tripura's fresh offering: Bamboo leaf tea

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Written by **Debraj Deb** | Agartala |  
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The brew is being sold by an entrepreneur from the state, Samir Jamatia, and according to his company, has seen a good response in UK and Germany. (Photo courtesy: Samir Jamatia)

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Are you a fan of healthy, herbal teas? Then Tripura has a new offering for you: bamboo leaf tea.

The brew is being sold by an entrepreneur from the state, Samir Jamatia, and according to his company, has seen a good response in UK and Germany.

Jamatia has worked with the National Bamboo Mission and the Bamboo Society of India in the past. Trained in China, Vietnam, Cambodia, Japan and India, Jamatia has been involved with a number of innovative bamboo-based products, like bamboo rice.

Speaking to [indianexpress.com](https://www.indianexpress.com), Jamatia said his latest innovation — bamboo leaf tea – was inspired from his visit to China in 2008, where he had gone to pursue a diploma in bamboo-based products.

Tripura grows 21 species of bamboo in 3,246 sqkm area of forests and planned forestry. In 2019, the state government undertook an ambitious plan to bring 15,000 hectares under bamboo cultivation by involving the forest and rural development departments along with local communities through incentivised methods.

Jamatia says leaves of any bamboo variety, except the ‘Kali baash’, can be used for making the bamboo leaf tea. He claimed it is completely organic and can bring in a host of benefits, including controlling obesity, maintaining healthy skin, preventing Alzheimer’s, aid in detoxification, boost fertility, etc. Bamboo leaves are a source of antioxidants and help boost immunity, he added.